

CHAPTER V

CONCLUSIONS AND RECOMMENDATIONS

This section provides the significant findings and all research arguments. Besides, it spells out suggestions for future studies and current practice.

A. Conclusions

The utilization of social media in English language teaching and learning in Indonesia has gained attention among researchers and practitioners in recent years. Several studies have examined the benefits of social media in language learning, focusing on improving learners' reading, writing, listening, and speaking skills. For instance, social media applications like YouTube, Instagram, and TikTok have been shown to facilitate the acquisition of new vocabulary and the development of critical analysis and writing skills. Additionally, WhatsApp chat groups have been used to promote interaction among learners, leading to improvements in speaking and writing abilities.

However, the successful implementation of social media in language learning requires careful planning and consideration of several factors. Teachers must select appropriate platforms based on the learning objectives and target skills and integrate social media into existing English learning activities. Proper training should be provided to teachers on incorporating social media into lesson plans and managing students' use of social media during class time. It is also essential to provide clear guidelines and feedback on social media tasks to help learners identify improvement areas and track their progress. Collaboration between teachers, institutes, and researchers is necessary to provide learners with the best English learning experience. By leveraging the power of social media, English learners can enhance their language proficiency, engage with the target culture, and connect with others who share their interests.

In terms of research, various methods of data collection and analysis have been employed to assess the utilization of social media for language learning. Qualitative methods such as questionnaires, observations, and interviews have been utilized to gather learners' perceptions of social media as a language learning tool and their preferences and challenges. Some studies have used qualitative analysis of social media content created by learners to explore the nature and quality of their language learning experiences. Others have adopted a mixed-methods approach, incorporating both qualitative and quantitative surveys to explore the potential use of social media and

students' perceptions of how social media could assist in teaching and learning English. Proper data collection and analysis can provide valuable insights into the effectiveness of social media for language learning and contribute to the development of best practices for its implementation in the classroom.

B. Recommendations

Several areas for future research can be suggested based on the data analyzed. Firstly, the study was limited to a single geographic location and sample size. Expanding the research to a larger and more diverse sample could provide a more comprehensive understanding of the topic. Furthermore, investigating the effect of different demographic factors on the variables of interest, such as age, gender, and education, could add valuable insights to the existing literature.

Secondly, the present study only focused on the direct relationship between the independent and dependent variables. Future research could explore the moderating or mediating effect of other variables, such as personality traits or environmental factors, on the relationship between perceived stress and anxiety. Additionally, investigating the enduring consequences of stress and anxiety on mental and physical health could provide a more holistic understanding of the topic.

Finally, the research depended on information provided by the participants themselves, which could be influenced by their own biases and social desirability bias. To obtain more precise and trustworthy data, it would be beneficial to include objective indicators like physical measurements or direct observations of behavior. Additionally, utilizing mixed methods research, such as combining quantitative surveys with qualitative interviews or focus groups, would offer a more comprehensive insight into the experiences and perspectives of the participants.