

## CHAPTER V

### CONCLUSIONS AND RECOMMENDATION

#### A. Conclusions

The findings suggested that the students' anxiousness in learning English at MA KHOIRIYAH's Eleventh Grade may be observed below:

1. There were three types of student anxiety in learning English at the Eleventh Grade of MA KHOIRIYAH, they are State Anxiety, when the students feel panic and may stress when they want to speak in English, Trait Anxiety, when the students feel nervous when they do not understand the teacher explanation, and Specific-situation Anxiety, when the students should do examination about speaking.
2. There were three factors caused the students anxiety in learning English at the Eleventh Grade of MA KHOIRIYAH, they are communication apprehension, where the students could not speak English because they have little experience with English and do not always practice English, test anxiety, where the students feel anxious because they have to do the test that the teacher assigns to them, and fear of negative evaluation when the student are afraid of being judged negatively by their teachers and of being mocked by their classmates if they make mistakes when speaking English. .

#### B. Implications

According to the research findings, speaking anxiety in English in front of the class is required. It is due to that by the analyzing the anxiety kind of students speaking English, it can be known the anxiety kind of students. From the interviewed result show that there were 3 factors of speaking anxiety that is communication apprehension, fear of negative evaluation, and test anxiety.

#### C. Recommendations

1. According to the researcher, students who are nervous in this situation should be able to examine their own lack of speaking performance. Students can solve their problems by recognizing them. They could ask their teachers and peers for feedback on their public speaking skills. Feedback is necessary for students to evaluate their own performance.

2. Teachers must be able to understand students' characteristics in order to study their anxiety problem and determine how to alleviate it. Different student characteristics necessitate different approaches to dealing with them. Teachers should give students the opportunity to express their difficulties. Furthermore, teachers are responsible for creating a welcoming environment in the classroom.
3. For further researchers, it may be possible to explore internal and external factors that cause students to be anxious in speaking English in front of the class. to know more about why students always feel anxious when speaking English in front of the class.

